

Little Sprouts Present:

Healthy Snacks for Winter Weather

Bring your little sprout out to the Norman Regional Education Center for a fun-filled morning for the entire family!

You and your children will learn tips to incorporate more fruits and vegetables into their diet, receive healthy winter recipes, taste fresh in-season produce, and much more!

Spaces are limited so register today!

Dates: January 23rd

Time: 9:00 am—10:00 am

Ages: Children ages 2-7. Parents of all ages welcome!

Costs: FREE

Registration: 440-8802 *Registration is REQUIRED*

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Norman Regional Health System

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